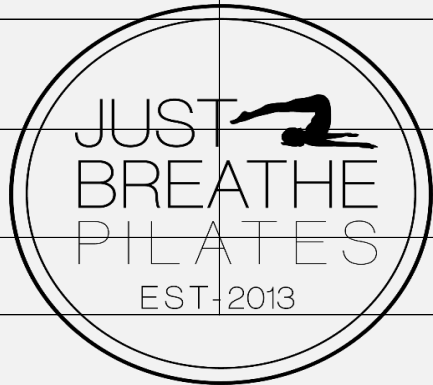


JUST BREATHE PILATES -SUMMER SCHEDULE

July 1st to August 31, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:45am			Level 2/3 Apparatus (1 Space)	Private lesson - 6:45am		
8:00 AM			Mens Group Class - Contact to Book	Private lesson - 8AM		
9:00 AM	All Levels Mat Class (2 Spaces)	Private Lesson	Level 3/4 Apparatus (Waitlist)	All Levels Mat Class (Waitlist)		
10AM	10:15 - Private Lesson	*PRIVATE LESSON SPACE - contact to Book*	Private Lesson	Level 1/2 Apparatus (2 spaces)		
11AM		Level 2/3 Apparatus (Waitlist)	Level 3/4 Apparatus (Waitlist)	*PRIVATE LESSON SPACE - contact to Book*		
11:30am	Level 1/2 Apparatus (Waitlist)					
12:00 PM	*12:30 PRIVATE LESSON SPACE - contact to Book*	Level 3/4 Apparatus (Waitlist)	*PRIVATE LESSON SPACE - contact to Book*			
BREAK						
3PM			4PM and 5PM	Level 2/3 Apparatus (2 spaces)		
4:30PM	Level 3/4 Apparatus (Waitlist)	Private Lesson	*PRIVATE LESSON SPACE - contact to Book*	Level 2/3 Apparatus (2 spaces)		
6PM	All Levels Mat Class (Waitlist)	5:45PM -Level 1/2 Apparatus (Waitlist)		Level 2/3 Apparatus (Waitlist)		
	*Current Clients can book online on Jane app at justbreathepilates.janeapp.com					

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